



## Dr. Portia Lockett

Dr. Lockett's objective as a keynote speaker is to bring awareness to her audience about Grief Recovery, and Emotional Wellness and leave the audience in an enhanced state than before they arrived. As a grief recovery specialist, chaplain, and inspirational speaker, Dr. Lockett will bring proven techniques to impact and change the lives of the listeners for days and years to come. Dr. Lockett brings a unique approach to speaking. This approach is intended to engage audiences and client participation allowing for interaction, involvement that is customized for each client and audience. Dr. Lockett touches her audience with transparency, humor, instruction and an authentic side that is infectious.

Dr. Lockett will deliver her experiences from trials to triumph as she faced life-altering challenges, Dr. Lockett's message will allow you to be gripped yet walk away with valuable techniques, a wealth of information that will prepare audiences for even the smallest events in life. Because of her knowledge, expertise and experiences each individual will benefit from the resources and exercises on operating in the workplace, personal relationships, and society. Some of the benefits can range from coping with tragedies, trauma, grief, balancing relationships, managing work-life balance, and setting goals.

With years of experience speaking at different venues from Corporate and Small Business, Schools, Hospitals, Community Outreach Centers, Drug Rehabilitation Programs, and Churches, Dr. Lockett brings a high level and range of versatility, enthusiasm, and a moving experience that will be unforgettable.

Lockett has been featured on CNN, BET, National Geographic, Michigan Chronicle, Detroit Public TV, Radio One, Speakers Magazine and multiple podcast shows.