



## Youma Kabia Williams

Youma Kabia-Williams is Licensed Social Worker (LSW) employed with the State of New Jersey with the Division of Child Protection & Permanency (DCP&P). Ms. Kabia Williams also works with children & adolescents as an individual therapist and provides individual in-home therapy for the last 5 years. Ms. Kabia Williams has been employed with DCP&P for 15 years.

She attended and graduated from Rowan University with an undergraduate degree in Bachelor of Science in 2005. Ms. Kabia Williams later attended Widener University and obtained her Master's degree in Social Work in 2016.

Ms. Kabia Williams has worked in several departments with DCP&P. Currently she works with potential resources (foster) parents & families. Ms. Kabia Williams finds her work with DCP&P fulfilling providing support & resources to families. But her most recent roll as an individual therapist has challenged and pushed Ms. Kabia Williams to utilize clinical skill sets to work with children and adolescents facing several mental health issues: depression, anxiety, PTSD, trauma etc. Ms. Kabia Williams completed an intense trauma certification training though NJ CARES in 2020 and is now certified in TF-CBT (Trauma Focused Cognitive Behavioral Therapy).