

Crystal S. Herring was born in Brooklyn,NY where she lived with her mother, father and 3 siblings. Crystal graduated from Lincoln University with honors with a BA in International Relations. Within the halls of Lincoln University she met the love of her life her husband Dr. Tarron Herring. Together they have three amazing girls (Autumn, Brianna and Olivia). Crystal S. Herring is an author, a podcaster, speaker and entrepreneur. Her love of God embolden her to walk out who she is in Christ encouraging others to do the same.

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