



Deidre L. Rhodes

Deidre L. Rhodes was born, raised and still lives in the beautiful borough of Norristown, PA. She has three younger sisters, one older brother and is considered the ‘Mama Bear’ of the bunch. Deidre was a very active child participating in The Girl Scouts, track and field, basketball, lacrosse and field hockey. Deidre was raised in a Christian home and to this day enjoys singing, playing musical instruments, directing the youth choir, teaching children’s ministry, the performing arts ministry and serving in the hospitality ministry.

Deidre attended Kutztown University on a track and field scholarship where she was awarded All-American status her sophomore year for Shot Put, Discus and the 20lb Weight. She was inducted into the Hall of Fame for her track and field efforts in 2016.

After attending university where she studied English Professional Writing, Deidre became a physical fitness instructor at a childcare facility on the Mainline. Deidre then moved into the corporate world where she worked various customer service positions for over 25 years.

Deidre loves working with children, senior citizens and helping her community. She continues to teach children at her church. Deidre started her own business, Back to Nature Body Products seven years ago.

She is also a faithful volunteer at a food pantry in Norristown and every three months leads her churches effort to feed the homeless in West Philadelphia. One of Deidre’s quotes is, "Love me for who I am and not who you want me to be."