



Tamika D. Otis

Tamika, a resilient multipreneur, author, equity warrior, and atmosphere shifter, draws strength from her profound devotion to supporting the healing of individuals grappling with grief. Tamika's cumulative personal and professional journey, enriched by her divine gifts, uniquely qualifies her to usher in healing for those who are lost, hurting, and grieving. Her mission extends beyond personal triumphs, as she endeavors to empower people to live their best lives. Among the myriad enterprises she has contributed to, Tamika holds a special place for KABOD Consulting Group LLC, the consulting firm she founded. This full-service agency adopts a holistic approach to organizational consultation and training, covering diverse areas such as DEIB, Trauma Informed Practice, Emotional Intelligence, and Human-Centered Approach.

With over two decades of experience in project management and the application of DEI and trauma-informed practices, Tamika has left an indelible mark within government, corporate, and nonprofit entities. Specializing in identifying gaps that perpetuate inequities within organizations, she transforms these spaces through a lens of equity and inclusion. Currently serving as the Corporate Responsibility and Community Relations Officer for KeyBank's Central NY and Capital Region markets, Tamika continues to contribute to positive change.

Tamika is an inspirational force, dedicated to fostering healing, equity, and transformative change in the lives of individuals and communities alike.

Visit Tamika's website: kabodconsults.com