



## Yolina Owens, M.S., M. Ed.

**Voted top 100 Women Color in Connecticut and Massachusetts, Yolina Owens M.S., M.Ed, continues to raise the bar for women entrepreneurs to build up community over competition. Yolina is a middle school science teacher in Camden, NJ and is a part-time wellness practitioner, certified in family transitioning (Embrace You Coaching solutions. She currently serves as a wellness facilitator with the Foundation for Family and Community Healing; offering group sessions on healing through anxiety, self-love and grief.**

**Born in Hartford, Connecticut and raised by a large-ambitious family, she was shy and uncertain of who she was and who she wanted to be. She struggled to find her voice until she enrolled in the Greater Hartford Performing Arts Academy. Yolina went on to perform in local stage productions of The Wiz, Ain't Misbehavin. Yolina earned her Bachelor's Degree in Communication and Marketing from Johnson C. Smith University, a Masters Degree in Communication Information Management and a Masters Degree in Education. She is currently in her first year of her doctoral studies for educational leadership.**

**Mrs. Owens is a proud mother, wife to her college sweetheart, and a committed friend of our community. She is a member of Zeta Phi Beta Sorority, Inc. and an Ambassador of Brown Skin Brunchin.**

**Yolina is a covid-pneumonia survivor. In 2021, she was placed on a ventilator not knowing if she would be alive to see another day.**

**IG @yolina\_jwellnesscoach**