



Prunella Harris

Prunella Harris is a Licensed Clinical Social Worker with over 21 years as a mental health entrepreneur. Prunella currently owns Restorative Family Services LLC, a group mental health practice established in 2013, to provide quality, accessible and affordable mental health care to members of her community. Prunella is also the host of the Rise Station podcast, a podcast that provides weekly inspiration, education and wellness tips to help individuals rise out of dark situations and into their purpose. Prunella enjoys growing others and has a passion for empowering others toward self love and self acceptance. Prunella considers herself to be a people farmer and helps individuals grow and move toward their highest potential; whether it is through direct care, business or personal relationships. In 2020, Prunella launched a consulting firm, Private Pract-Ease LLC, established to guide and support mental health professionals as they maneuver the business of helping others. Prunella's works with Practice owners who want to balance wealth and wellness.

Prunella has a heart to serve and enjoys serving on community projects aimed at helping women and children. Prunella is a contributing author of her debut Amazon Best Selling Book, Poised & Profitable Power Plays for the Purpose-Driven Woman in Business. Prunella has served on the Executive Board of both the Monroe County BWNICE Chapter and Jack and Jill of America Inc, as the Public Relations Director and is a Founding Member of the Pocono Pod of Believe Inspire Grow, a women's networking organization. Prunella was selected as 1 of 3 Finalist for the 2023 Women of the Year Award Awarded by the Monroe County of PA Women In Business Chamber of Commerce.