



Dr. Portia Lockett

Dr. Portia Lockett is a dynamic and compassionate leader committed to uplifting her community through spiritual care, education, and service. She serves as the Director of Spiritual Care and Community Engagement for the Detroit Medical Center, where her innovative leadership and dedication to holistic healing have made a lasting impact. Dr. Lockett is also a spiritual advisor, grief recovery method specialist, and the CEO and founder of the Azal BenneLockett Foundation, a nonprofit devoted to helping individuals heal from grief by offering hope and emotional support during their journeys. Additionally, she is the creator of The Permission Series, a unique initiative designed to empower and assist the grieving community.

Dr. Lockett's career reflects her passion for helping others, combining spiritual care with the power to inspire, guide, and heal. Her exemplary contributions have been recognized through numerous awards.

A sought-after speaker and thought leader, Dr. Lockett has been featured on CNN, Fox 2 Detroit News, PBS, America's Hope with Kelly Wright, The New York Times, Courageous Woman Magazine, Bold Journey Magazine, Speakers Magazine, and is a regular contributor to the Michigan Chronicle. She is also the co-host of The Grieving Journey Podcast, creator of The Healing Card Deck, and co-author of Amazon #1 bestsellers Delayed but Not Denied 2 and What is a Courageous Woman?

Faith serves as the cornerstone of Dr. Lockett's life and work. She begins each day with prayer and meditation, practices she credits for sustaining her impactful mission. Dr. Lockett actively supports her community as a proud member of Delta Sigma Theta Sorority, Inc. and the Detroit Rotary Club.