



Tamika D. Otis

Tamika is a resilient multipreneur, author, and equity advocate dedicated to empowering individuals and organizations to heal and thrive. Drawing from over two decades of expertise in project management, DEI, and trauma-informed practices, she has made a lasting impact across government, corporate, and nonprofit sectors. As the founder of KABOD Consulting Group LLC, Tamika, along with her business partner and best friend, Summer Willow Fitch, leads a full-service agency specializing in holistic organizational consultation and training, with a focus on DEIB, Trauma-Informed Practice, Emotional Intelligence, and Human-Centered approaches.

Currently serving as Corporate Responsibility and Community Relations Officer for KeyBank's Central NY and Capital Region markets, Tamika is a transformative leader who identifies and addresses systemic inequities through a lens of equity and inclusion. Her personal journey of overcoming loss and adversity, combined with her spiritual gifts and professional acumen, inspires her mission to foster healing, equity, and meaningful change in individuals and communities.